HEALTH AND HUMAN SERVICES COMMITTEE MEETING
November 19, 2019

Present: Legislators Greg Kulzer, Randy LaChausse, Andrea Moroughan, John Lehman, Richard Chartrand, and Chairman Larry Dolhof.

Others Present: Legislators Tom Osborne, Ron Burns, Jerry King, County Manager Ryan Piche, County Attorney Joan McNichol, Human Resources Director Caitlyn Smith, Treasurer Patty O’Brien, Public Health Director Ashley Waite, Social Services Commissioner Jennifer Jones, Community Services Director Patricia Fralick, Office for the Aging Director Kelly Hecker, Hospital CEO Gerald Cayer, and reporters Nick Altmire and Julie Abbass.

Committee Chairman Greg Kulzer called the meeting at 3:01 p.m.

Legislator LaChausse made a motion to accept the minutes from the October 15, 2019 committee meeting as recorded, seconded by Legislator Moroughan. Motion carried.

Mountain View Prevention Services – Executive Director Chris Paige and Kyle Chartrand
Chris Paige was hired as the Executive Director of Mountain View Prevention Services on February 4, 2019 and has been working diligently to improve operations. Mountain View offers Alcohol and Substance Abuse prevention services for the community.

Targeting the youth in the community has been a priority and is being accomplished in several ways. Prevention Counselors are in local school districts targeting adolescents that are at higher risk, reaching kids in summer recreation programs like Little League, summer school programs.

Mountain View has also been out in the public with booths at local health fairs and the Lewis County Fair. They are offering Narcan training in December for anyone interested in attending. They are funded through grant money, one specific grant they recently received is the Governors Traffic Safety Grant which will be used for education on distracted driving. Mountain View is part of the Drug Free Community Coalition and works closely with the UP Coalition to set up events for community outreach.

They are also part of the Columbia NIDA Study and an active partner in reducing the number of opioid deaths. Legislator Kulzer questioned how Mountain View planned to reduce opioid deaths by 40% and Chris responded that part of the NIDA study is to look at data and figure out how to best approach reducing the numbers. Pat Fralick explained that the NIDA study will produce a list of evidence based strategies and then they can choose the most appropriate one and measure the results. Legislator Kulzer felt that using Narcan isn’t the solution. Chris believes that starting with youth in the community to stop them before they start with alcohol or substance abuse is one of the best ways to reduce the numbers.

Pat Fralick briefly touched on some of the past issues that Mountain View has had with delivery requirements and that in the last 10 months things have improved significantly. In 2020 they will continue to work on a corrective action plan with both their staff and their board of Directors. They have already completed putting the work plan together and the budget which has been
submitted to the State for approval. One of the highlights for 2020 is to work with other agencies to maximize efforts in prevention among youth.

**Credo – Caryn White, Director of Out Patient Treatment Services and Dr. Daniel Pisanello**

Caryn introduced herself and Dr. Daniel Pisanello. She discussed some of the highlights of 2019 as having 97 active clients which is up from 66 as this time last year, 12 individuals in Lewis County who are traveling to OTP in Watertown, continued individual & group therapy, peer services, and OTP services. Credo continues to provide prescription medications for clients who struggle with mental illness, distribute Narcan kits as well as provide training, provide outreach to inmates at the jail, provide services to Social Service clients, and help with transport needs for clients who require other services.

Clients who come to Credo are assisted with setting up a treatment plan utilizing any type of treatment they are willing to participate in. Clients are able to choose their own goals and objectives regarding the treatment they desire. Admittance is based on needs, so the most severe cases are a priority although there are currently no waiting lists. Credo educates clients on the dangers of drug usage and works closely with other agencies to get the best types of treatments for clients. Caryn was excited to explain that the rapid access to M.A.T will soon be a same day service, this will help clients adhere to their treatment plans producing better results.

In 2019 there were 6 additional staff added to the Lowville office bringing the total to 11. There have been some renovations to the office space to accommodate these changes. In 2020 there are plans to utilize Telehealth which will benefit those living in rural areas. Credo plans to increase the census in the clinic to over 100, increase medication assistance services, make sure every client is given a Narcan kit and to continue to offer services at the jail as inmates who recently get out of jail are at very high risks for over doses.

Legislator Kulzer voiced concerns over possible rat poison being found in drugs that individuals are taking, to which Caryn responded that many times there are other “additives” in street drugs. Credo will continue to train community members on overdose prevention in addition to working with other community agencies to help reduce the suicide and overdose deaths in Lewis County. Ryan pointed out that both Public Health and Community Services have been working on that same goal with the Healing Community Study and 0% Suicide Initiative.

Legislator Kulzer had recalled something published about the use of Narcan and how sometimes one dose wasn’t enough and they were having to use multiple doses to revive someone. Dr. Pisanello explained that it really depends on the strength of the street drug which was taken because Narcan is effective but has a short duration and can “wear off” before the levels of the street drug have subsided. Legislator Moroughan inquired on what demographic of people are taking part in the Narcan trainings, which Caryn responded that it is mostly concerned family and friends.

Pat Fralick explained that after Narcan is used on an overdose victim Credo is stepping in and making the connection with that person to engage them in treatment. Legislator Lehman has heard concerns from residents that when a client walks in to Credo they are rarely talking with a person who has dealt with addiction and it make it hard to make a connection. Caryn added that there are two peers in the Lowville office but the remaining are counselors. However everyone working in
the office has some personal and professional experience. Caryn also pointed out that they try their best to staff the Lowville office with local residents.

In conclusion Jenny Jones was asked to briefly explain how Social Services is connected with Credo. When someone applies for Public Assistance they are screened and may be referred to Credo as a requirement to receive the assistance. Many times someone is denied for public assistance because they choose not to get treatment. Credo reaches out to all referrals received from Social Services in an attempt to get that client the treatment they need. Dr. Pisanello announced that within the past year they have transitioned to suboxone injections which eliminates the possibility of clients trading or selling their drugs. One injection contains a time released suboxone that lasts for 4 weeks.

DOCKETS:

1. Resolution for budget transfers in the Public Health accounts to cover line item expenses as recommended after a third quarter review of accounts: Amount: $244,415.05

   YEAA______________5______________  NAY__________________________

2. Resolution authorizing an extension agreement between Public Health Department and James McGuinness & Associates, Inc. for maintenance and support of the software program for the Preschool Program. Term beginning 01/01/2020 through 12/31/2021 for annual maintenance and support service charges of $9,500.00.

   YEAA______________5______________  NAY__________________________

3. Resolution to amend the Compensation Plan of the County of Lewis, with reference to the Lewis County General Hospital, to create the following positions:
   TITLE: Clinic Practice Office Manager (2)  STATUS: Full-time

   YEAA______________5______________  NAY__________________________

4. Resolution to appoint Ashley Waite and Melanie Bush as members of the Lewis County Community Mental Health, Developmental Disabilities and Alcoholism Services Board for term from January 1, 2020 through December 31, 2023.

   YEAA______________5______________  NAY__________________________

5. Resolution to reallocate funds within the Workforce Investment Opportunities Act Youth Program accounts. Amount: $1,862.01

   YEAA______________5______________  NAY__________________________

6. Resolution to appropriate additional State Aid funds into the Community Services accounts for NRCIL/TLS/MH ARC/ARC OMH programs. Amount: $12,841.00
7. Resolution to authorize Phase 4 Project Addendum and Appendix One Agreement between Public Health Agency and Central New York Care Collaborative, Inc., outlined under the Project Addendum and Appendix One in Value Based Payment Readiness and Performance Activities to be completed between July 1, 2019 and December 31, 2020.

YEA _____________ 5 ______________ NAY __________________________

8. Resolution authorizing an Agreement between the Department of Social Services and Lewis County Office for the Aging to provide Community First Choice Option services of home delivered meals to DSS Medicaid eligible recipients. The term of this Agreement shall be effective upon approval by DSS and shall remain in effect until either party chooses to terminate. DSS will pay OFA $12.50 per meal for both congregate and home delivered meals, which is 100% Medicaid reimbursable.

YEA ______________ 5 ______________ NAY __________________________

9. Resolution appointing the following individuals to serve as members of the Lewis County Health Services Advisory Board: Amy Marti, Executive Director of Lewis County Head Start, Cheryl Kelly and Tammy Suiter of Lewis County Hospice for a term from January 1, 2020 through December 31, 2023.

YEA ______________ 5 ______________ NAY __________________________

10. Resolution to Rescind Resolution No. 415-2019 and increase the number of members on the Lewis County General Hospital Board of Managers from 10 to 11 members effective 1/1/2020.

YEA ______________ 5 ______________ NAY __________________________

11. Resolution to appoint John Lehman to a 5-year term as a member of the Lewis County General Hospital Board of Managers.

YEA ______________ 4 ______________ NAY __________________________

Legislator Lehman abstained.

12. Resolution authorizing renewal Agreements between DSS and Various Providers for Program services.

YEA ______________ 5 ______________ NAY __________________________

13. Resolution to appropriate Program Year 2019 for the period October 1, 2019 through June 30, 2021 for the Adult, Dislocated Worker and Youth Programs per the Notice of
Obligational Authority (NOA), #PY19-03, dated November 12, 2019 through the New York State Department of Labor. Amount: $111,745.20

YEA ____________5_______________         NAY  __________________________

14. Resolution authorizing Agreement between County Public Health Department and Department of Social Services with Lewis County General Hospital to provide the services of Shereen Palmer, MD as Medical Director for the Public Health and DSS Department’s programs. Term commencing January 1, 2020 and terminating on December 31, 2020 at a cost not to exceed $12,000.00 per year. DSS is responsible for $4,000.00 of the cost and Public Health is responsible for $8,000.00.

YEA ____________5_______________         NAY  __________________________

15. Resolution Legislators hereby appoints Shereen Palmer, MD of 5402 Dayan Street, Lowville, New York to serve as Medical Director to the Lewis County Public Health Department. Term for the period January 1, 2020 through December 31, 2020.

YEA ____________5_______________         NAY  __________________________

16. Resolution authorizing Agreement between Office For Aging and Double Play Community Center to provide certified instructors who have not been trained and certified for these programs. Unless the instructor volunteers his/her time, OFA will compensate the instructors per workshop at the cost detailed below. There will be no cost to the participants to attend these workshops. OFA estimates the cost of certification training and workshop instruction compensation, if any, will be under $5,000 per year and will be paid from OFA’s evidence based funding from the State at the following rates:

<table>
<thead>
<tr>
<th>Program</th>
<th>Length of Time</th>
<th>Per Week</th>
<th>Cost Per Class</th>
<th>Total for Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walk With Ease</td>
<td>6 Week Program</td>
<td>3 x per week</td>
<td>$12.50 Per Class</td>
<td>$225.00 Per Session</td>
</tr>
<tr>
<td>Aquatics</td>
<td>6 Week Program</td>
<td>2 x per week</td>
<td>$20.00 Per Class Instructor / $12.00 Per Class Lifeguard</td>
<td>$384.00 Per Session</td>
</tr>
<tr>
<td>Tai Chi for Arthritis</td>
<td>8 Week Program</td>
<td>2 x per week</td>
<td>$18.00 Per Instructor (2 Instructors)</td>
<td>$576.00 Per Session</td>
</tr>
</tbody>
</table>

YEA ____________5_______________         NAY  __________________________

17. Resolution to appoint Crystal Collette of Lowville, NY as Office For Aging Director effective December 16, 2019 at annual salary of $62,000.00

YEA ____________5_______________         NAY  __________________________

MOTIONS:
Legislator LaChausse made a motion to authorize DSS Commissioner Jennifer Jones to refill a full-time Caseworker position effective immediately, seconded by Legislator Lehman. Motion carried.

Legislator LaChausse made a motion to authorize Public Health Director Ashley Waite to refill a full-time Clerk position effective immediately, seconded by Legislator Lehman. Motion carried.

Legislator LaChausse made a motion to adjourn the meeting at 3:55 p.m., seconded by Legislator Moroughan. Motion carried.

Respectfully submitted,
Cassandra Moser, Deputy Clerk to the Board of Legislators