HEALTH AND HUMAN SERVICES COMMITTEE
June 16, 2020

Present: Legislators Randy LaChausse, Richard Chartrand, Greg Kulzer, Phil Hathway, and Andrea Moroughan.
Others: Legislators Larry Dolhof, Jerry King, Tom Osborne, Ron Burns and Ian Gilbert; County Manager Ryan Piche; County Atty. Joan McNichol; Treasurer Eric Virkler; Human Resource Director Caitlyn Smith, and media representative Nick Altmire.

Committee Chairman Randy LaChausse called the meeting at 3:00 p.m.

Legislator Kulzer made a motion to approve the 5/19/2020 committee meeting minutes, seconded by Legislator Hathway and carried.

**HEALing Communities Study update – Patricia Fralick and Pat Fontana**
Patricia Fralick introduced Pat Fontana of the Fort Drum Regional Health Planning Organization. NIDA, the National Institute of Drug Abuse, is studying the implementation process of Evidence Based Interventions targeted at reducing opioid overdose deaths in several states across the country. The goal of this study is to help reduce these deaths by 40% in 3.5 years. New York State is working with Columbia University to handle this study and gather the data. There are two Waves or “study groups” in New York State which consist of 8 counties in each. Wave 1 is made up of urban and rural counties, including Lewis County.

The Evidence Based Interventions that are being studied by the Steering Committee are broken out into three categories: OEND, which is Opioid overdose prevention education and naloxone distribution in high risk populations; MOUD, which is effective delivery of medication for opioid use disorder maintenance treatment; and Safer opioid prescribing and dispensing. The Steering Committee breaks out into 5 work groups with volunteers from the communities to gather data on each of the 3 EBI categories and two more categories: Communications; and Surveillance/Data. Once all the data and reviews have been completed this information is brought back to the Steering Committee for further review/discussion.

The Steering Committee is in the process of developing an action plan and determining the best Evidence Based Interventions for our local communities. One of the gaps that has already been pointed out is the inability for patients to make it to provider appointments, which is unique to a rural area like ours. There is a data portal that is being put together for the study and would be better utilized if it was available to the communities. There are 3 online resources available to use for additional information: a specific website to Lewis County; Campaign materials tailored to Lewis County; and a Steering Committee document portal.

Pat Fontana concluded by reiterating the importance that the Steering Committee for this study will always work towards what is best for the community. In response to Legislator Hathway’s question of where someone gets prescriptions like what was discussed in MOUD, Pat explained that the easiest way is through your local Substance Abuse Agency, CREDO, although some primary care physicians can assist.

The following dockets were reviewed:
1. Resolution authorizing a modification and extension to the Agreement between the County of Lewis, by and through the Lewis County Office for the Aging, with Open Sky Wellness, LLC, to provide professional nutrition consultant services on behalf of the Lewis County Office for the Aging’s Nutrition program commencing with the fee of $38.76 per hour on September 1, 2020; $40.00 per hour on January 1, 2021; and $44.00 per hour on January 1, 2022 for up to sixteen (16) hours per week for such services.

   YEA_5 NAY_0

2. Resolution authorizing an Agreement between the County of Lewis by and through the Lewis County Public Health Agency and Birnie Bus Service, Inc. to provide transportation services for pre-school special education children. Joan McNichol explained that they are continuing discussion with Birnie Bus due to the huge increase in rates over last year. Public Health Director Ashley Waite informed the Committee that there is a child who will need to have transportation in July so a contract does need to be decided on even if it is just a temporary contract for the next few months. Joan suggested tabling this item until after the committee goes into executive session for further discussion on the contract negotiations.

   *Legislator Chartrand made a motion to table this, seconded by Legislator Kulzer and carried.*

   YEA___ NAY___

3. Resolution for a budget transfer in the amount of $3,000.00 to the Department of Social Services accounts for the purchase of various computer equipment with funding to come from Project HAE Capital Equipment.

   YEA_5 NAY_0

4. Resolution authorizing agreements between Lewis County Department of Social Services and various foster care agencies for the provision of foster care services, emergency respite care, post placement and residential, educational and treatment services with a term commencing January 1, 2021 through December 31, 2021 at a per diem cost not to exceed the Maximum Aid Rate established by the State.

   YEA_5 NAY_0

5. Resolution appointing student representatives to serve on the Lewis County Youth Bureau Advisory Board for a term effective July 8, 2020 through to the date of their High School Graduation, or upon ceasing to be a full-time high school student.

   YEA_5 NAY_0

   Legislator Chartrand asked Ashley Waite for an update on Phase 3, she responded that it seems to be going well. Things are being monitored by Public Health but there haven’t been any complaints received from residents. Legislator Moroughan asked about how complaints are handled, Ashley responded that they would reach out to the business and make sure they are educated on what the proper procedures are. If the complaint comes from the State system, then Joan follows up with a letter to that business as well.

   At 3:38 p.m. Legislator Hathway made a motion to enter into executive session for discussion on contract negotiations with Birnie Bus, seconded by Legislator Kulzer and carried.
At 3:50 p.m. Legislator Hathway made a motion to enter back into regular session, seconded by Legislator Chartrand and carried. The committee then approved the docket item that was tabled with 4 YEAS, 0 NAYS, and Legislator Kulzer abstaining.

At 3:52 p.m. Legislator Hathway made a motion to adjourn, seconded by Legislator Chartrand and carried.

Respectfully submitted,
Cassandra Moser, Clerk of the Board
NIDA is studying the implementation process of EBIs targeted at reducing opioid overdose deaths.

The goal is to reduce opioid OD deaths by 40% in 3.5 years.
HEALing Communities Study

NIDA

MA
KY
OH
New York
NIDA

New York

Columbia University
Evidence-based Interventions (EBIs)

LEWIS COUNTY

Steering Committee

EBI #1 OEND
EBI #2 MOUD
EBI #3 Safer Rx

1. OEND - opioid overdose prevention education and naloxone distribution in high-risk populations

2. MOUD - effective delivery of medication for opioid use disorder maintenance treatment, including agonist/partial agonist medication, and including outreach and delivery to high-risk populations

3. Safer Rx - safer opioid prescribing and dispensing
Evidence-based Interventions (EBIs)

EBP #1 OEND

EBP #2 MOUD

EBP #3 Safer Rx

HCS Steering Committee
Workgroups

EBP #1 OEND
EBP #2 MOUD
EBP #3 Safer Rx

Surveillance/Data
Communications

HCS Steering Committee
Implementation Team and Workgroup Updates

ANALYZE EXISTING RESOURCES & LEVERAGE AVAILABLE SUPPORT

✔ • Identify existing services and resources. Landscape Analysis.

✔ • Identify available data & information sources.

✔ • Identify gaps.

✔ • Reviewing Evidence-based Interventions to determine overarching strategies that align with needs.

In Progress • Develop action plan and determine EBIs to implement.
#1: OEND

REQUIRED STRATEGY
(you MUST choose AT LEAST one strategy)

1a: Active OEND for at-risk individuals and their social networks. Choose at least one of the following high-risk venues to implement active OEND.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>Criminal justice settings</td>
<td>☐</td>
</tr>
<tr>
<td>Syringe service programs</td>
<td>☐</td>
</tr>
<tr>
<td>Emergency Departments</td>
<td>☐</td>
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<tr>
<td>Acute care hospitals</td>
<td>☐</td>
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<tr>
<td>Leave-Behind program at OD sites</td>
<td>☐</td>
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<tr>
<td>Other</td>
<td>☐</td>
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<tr>
<td>Explain:</td>
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</tbody>
</table>

HIGH-RISK
Choose at least one

- Inject Drugs
- Major Medical
- Prior Opioid OD
- Reduced Tolerance
- Using Other Substances
- Major Mental Illness

Sector(s)
Choose at least one

- Healthcare
- Behavioral Health
- Criminal Justice

1b: Passive OEND
Choose any, all, or none of the following strategies:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>OEND by Referral (increase naloxone prescribing &amp; dispensing)</td>
<td>☐</td>
</tr>
<tr>
<td>OEND self-request (pharm, community mtgs, pub health, etc.)</td>
<td>☐</td>
</tr>
<tr>
<td>Available naloxone in overdose hotspots</td>
<td>☐</td>
</tr>
<tr>
<td>Capacity for first responder administration</td>
<td>☐</td>
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<tr>
<td>Other</td>
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</table>
Lewis County

Opioid Overdose Deaths

EMS Administration of Naloxone

Naloxone kits distributed by pharmacies

Admissions to OASAS-certified treatment programs

Source: NYSDOH Opioid Prevention Program

Source: NYSDOH Opioid Prevention Program

Source: ODMRx Prescription Fill Database

Source: NYSDOH Opioid Prevention Program
Online Resources

- **Website #1**: Community-facing website. Specific to Lewis County. Resources and Information.
  - [https://healingcommunitiesstudy.org/communities/nylewis.html](https://healingcommunitiesstudy.org/communities/nylewis.html)

- **Website #2**: Campaign Materials tailored to Lewis County and specific target audiences. Please use these resources. We need your help to promote naloxone availability.
  - [https://www.hcscampaigntoolbox.com/lewis](https://www.hcscampaigntoolbox.com/lewis)

- **Website #3**: Data Dashboard. Steering Committee Document Portal. Requires Username and Password.
  - [https://hcs.columbia.edu/](https://hcs.columbia.edu/)
Thank you

Questions:
Contact Information

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