

## Course Overview

### Purpose

To recognize and treat youth in commercial sexual exploitation of children (CSEC) and trafficking situations as victims of crime and survivors of abuse; to protect and prevent at-risk youth and youth from becoming victims of sex trafficking; and to improve safety, permanency, and well-being outcomes of youth involved in the child serving systems.

### Rationale

To support the implementation of the federal Preventing Sex Trafficking and Strengthening Families Act and New York State's Safe Harbor for Exploited Youth Act, we are providing two half-day trainings on "Identifying and Supporting Survivors of Commercial Sexual Exploitation of Children (CSEC) and Youth Trafficking" for child serving professionals. Part One of the training promotes awareness of CSEC and provides foundational knowledge on working with survivors of CSEC and youth trafficking. Part Two of the training builds on the foundational knowledge gained in Part One and reinforces practical skills for working with survivors of CSEC and youth trafficking. These trainings can be delivered individually or as a pair.

### Objectives

#### Part One: Awareness and Knowledge

1. Recognize that CSEC (commercial sexual exploitation of children) youth are victims of crime and survivors of abuse.
2. Identify the red flags of CSEC and child trafficking and what makes youth vulnerable to these crimes.
3. Use trauma-informed principles in interactions with CSEC or trafficked youth.
4. Know the resources available to CSEC and trafficked youth.
5. Engage CSEC youth in health and safety based conversations regarding their sexual experiences.

#### Part Two: Knowledge and Skills

1. Describe and discuss CSEC and youth trafficking with colleagues and vulnerable youth.
2. Use basic engagement techniques to enhance interactions with CSEC and trafficked youth.
3. Explain how the stages of change model can be applied to CSEC and trafficked youth.
4. Develop individualized safety plans to support CSEC and trafficked youth emotionally and physically.
5. Recognize vicarious trauma and its impact on professionals who work with CSEC and trafficked youth.



**Identifying and Supporting Survivors of  
Commercial Sexual Exploitation of Children  
(CSEC) and Youth Trafficking**



**Office of Children  
and Family Services**



Victims Assistance Center of Jefferson County  
Child Advocacy Center of Northern New York  
Call 315-788-8520 or email [kileyh@vacjc.com](mailto:kileyh@vacjc.com)  
to set up a free training at your facility

